

# Productive Opportunities for Work & Recreation

## ■ POW&R mission

To create networks that connect individuals to resources that support their choices for how they live, work, and play in the community

## ■ POW&R guiding principles

Our principles explain who we are, what we stand for, and how we are dedicated to the autism community:

- person-directed
- promoting independence
- evolutionary across the life span
- flexible
- accountable
- promoting a proactive approach to networking
- striving for safety while supporting the dignity of risk
- self-sustaining

## ■ POW&R services

POW&R provides services that not only support each individual's ability to live in the community but also allow him or her to live life to the fullest:

- vocational services
- competitive, supported & self-employment
- chances to volunteer
- social & recreational opportunities
- community activities
- family support



Helping People and Families Affected by Autism

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(302) 224-6020**

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(302) 644-3410**

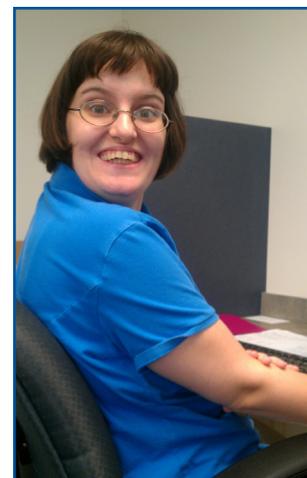
## Participants



PRODUCTIVE OPPORTUNITIES FOR WORK AND RECREATION

A nationally recognized Effective Program (one of three) in 2010, POW&R was established in 2007 by Autism Delaware. Today, the program serves adults living with autism spectrum disorders (ASDs) across the state.

Successfully enjoying employment, volunteer activities, and recreation, POW&R participants reap the benefits of social and recreational opportunities and personalized vocational services. To this end, POW&R staff members assist adults with ASDs and their families in developing and creating individualized plans based on the individual's choices.



For example, Jaclyn Dotson and her family came to POW&R seeking supports that would allow her to use her computer and clerical

skills in a real-world setting while also helping her to navigate the community safely and successfully.

Beginning her transition from the Charlton School-Wesley College Extension Program a day or two a week, Dotson eventually began an internship in the Dover Downs ticket office, which then turned into a part-time job with pay. With continued help from POW&R, Dotson now also interns at United Way of Kent County.